

PROWELL[®] PRO SCORECARD

This is for reference only. The final scores will be calculated in the online system by factoring in the impact of each feature.

WORKPLACE WELLBEING PERFORMANCE

PHYSICAL FITNESS (PF)

PF1-1	Exterior Active Design: Public Outdoor Amenities	
PF1-2	Exterior Active Design: Outdoor Leisure Spaces	
PF1-3	Exterior Active Design: Walk Score	
PF2-1	Active Transportation: Bicycle Commute Support	
PF2-2	Active Transportation: Public Transportation Commute Support	
PF2-3	Active Transportation: Incentives for Alternative Transportation Options	
PF3-1	Interior Active Design: Interior Layout & Circulation	
PF3-2	Interior Active Design: Interior Stair Design	
PF3-3	Interior Active Design: Design Elements Around Circulations and Stairs	
PF3-4	Signage/Message Board Encouraging Physical Activity/Movement	
PF3-5	Onsite Interior Fitness Space & Equipment	
PF4-1	Policy & Benefit Support: Fitness Incentives	
PF4-2	Policy & Benefit Support: Health & Fitness Promotion	

Subtotal

PHYSICAL COMFORT (PC)

PC1-1	Furniture Ergonomics: Individual Workstations 1	
PC1-2	Furniture Ergonomics: Individual Workstations 2	
PC1-3	Furniture Ergonomics: Individual Workstation Chairs 1	
PC1-4	Furniture Ergonomics: Individual Workstation Chairs 2	
PC1-5	Furniture Ergonomics: User Involvement	
PC2-1	Auditory Comfort: Space Planning Principles	
PC2-2	Auditory Comfort: Technical Measures 1	
PC2-3	Auditory Comfort: Technical Measures 2	
PC2-4	Auditory Comfort: Sound Controlling Construction Methods	
PC3-1	Visual Comfort: Lighting Level Control	
PC3-2	Visual Comfort: Interior Ambient Lighting Glare Control	
PC3-3	Visual Comfort: Solar Glare Control	
PC3-4	Visual Comfort: Quality of Lighting	
PC4-1	Thermal Comfort: Thermal Comfort Measures 1	
PC4-2	Thermal comfort measures 2	
PC4-3	Thermal Comfort: Advanced Thermal Control - Ventilation Systems	
PC5-1	Olfactory Comfort: Odor Control	
PC5-2	Scents and fragrance control for people with fragrance sensitivity or chemical sensitivity 1	
PC5-3	Scents and fragrance control for people with fragrance sensitivity or chemical sensitivity 1	
PC6-1	Occupant Survey	

Subtotal

PHYSICAL NOURISHMENT (PN)

PN1-1	Healthy Foods & Hydration: Availability of Healthy Foods 1	
PN1-2	Healthy Foods & Hydration: Availability of Healthy Foods 2	
PN1-3	Healthy Foods & Hydration: Availability of Healthy Beverages	
PN1-4	Healthy Foods & Hydration: Availability of Healthy Snacks	
PN2-1	Health-Conscious Eating Habits & Behaviors: Encouragement of Healthier Choices 1	
PN2-2	Health-Conscious Eating Habits & Behaviors: Encouragement of Healthier Choices 2	

PN2-3	Health-Conscious Eating Habits & Behaviors: Healthy Food Incentives	
PN3-1	Healthy Food Amenities: Onsite Food-Related Amenities	
PN3-2	Healthy Food Amenities: Onsite Eating Space Features	
PN3-3	Healthy Food Amenities: Healthy Food Production/ Access to Local Produce	
Subtotal		
COGNITIVE WELLBEING (CW)		
CW1-1	Types of Spaces: Choice of Spaces	
CW1-2	Types of Spaces: Collaborative Spaces	
CW1-3	Types of Spaces: Recharge/ Respite Spaces	
CW2-1	Flexibility & Flow of Spaces: Expandability	
CW2-2	Flexibility & Flow of Spaces: Versatility	
CW2-3	Flexibility & Flow of Spaces: Convertibility	
CW2-4	Flexibility & Flow of Spaces: Non-Hierarchical Spaces	
CW3-1	Technology & Equipment Accessibility: Easy Access	
CW3-2	Technology & Equipment Accessibility: Low-Technology	
CW3-3	Technology & Equipment Accessibility: High-Technology	
CW3-4	Technology & Equipment Accessibility: Visualization of Organizational Goals	
CW4-1	Cognitive Ergonomics: Auditory Stimulus Management	
CW4-2	Cognitive Ergonomics: Visuo-spatial working memory support in open offices 1	
CW4-3	Cognitive Ergonomics: Visuo-spatial working memory support in open offices 2	
Subtotal		
SOCIAL WELLBEING (SW)		
SW1-1	Social Connectivity: Available Social Spaces	
SW1-2	Social Connectivity: Visual Connectivity	
SW1-3	Social Connectivity: Core Interaction Networks	
SW1-4	Social Connectivity: Cross-Pollination Space Planning	
Subtotal		
EMOTIONAL WELLBEING (EW)		
EW1-1	Biophilic Design: Sensory Stimulation	
EW1-2	Biophilic Design: Views to Outdoors	
EW1-3	Biophilic Design: Circadian Lighting Support	
EW1-4	Biophilic Design: Applied Natural Elements	
EW1-5	Biophilic Design: Evolutionary Psychological Design 1	
EW1-6	Biophilic Design: Evolutionary Psychological Design 2	
EW2-1	Art & Design Elements: Incorporation of Art & Design Elements	
EW2-2	Art & Design Elements: Sensory Engagement	
EW2-3	Art & Design Elements: Relaxing Settings	
EW3-1	Personalization & Control: Display of Personal Items	
Subtotal		
ENVIRONMENTAL WELLBEING (EnW)		
EnW1-1	Indoor Air Quality: Removal/ Prevention of Chemicals, Pollutants, & Irritants	
EnW1-2	Indoor Air Quality: Air Filtration Systems	
EnW1-3	Indoor Air Quality: Air Quality Monitoring & Maintenance Programs	
EnW2-1	Drinking Water Quality: Water Filtration System	
EnW3-1	Chemical Control: Control for PBTs	
EnW4-1	Cleanliness & Maintenance: Cleaning Equipment & Agents	
EnW4-2	Cleanliness & Maintenance: Cleanliness & Maintenance Level	
Subtotal		
TOTAL		0