

# PROWELL<sup>®</sup> Basic SCORECARD

This is for reference only. The final scores will be calculated in the online system by factoring in the impact of each feature.

## WORKPLACE WELLBEING PERFORMANCE

### PHYSICAL FITNESS (PF)

PF1-1	Exterior Active Design: Public Outdoor Amenities	
PF1-2	Exterior Active Design: Outdoor Leisure Spaces	
PF1-3	Exterior Active Design: Walk Score	
PF2-1	Active Transportation: Bicycle Commute Support	
PF2-2	Active Transportation: Public Transportation Commute Support	
PF2-3	Active Transportation: Incentives for Alternative Transportation Options	
PF3-1	Interior Active Design: Interior Layout & Circulation	
PF3-2	Interior Active Design: Interior Stair Design	
PF3-3	Interior Active Design: Design Elements Around Circulations and Stairs	
PF3-4	Signage/Message Board Encouraging Physical Activity/Movement	
PF3-5	Onsite Interior Fitness Space & Equipment	
PF4-1	Policy & Benefit Support: Fitness Incentives	
PF4-2	Policy & Benefit Support: Health & Fitness Promotion	

Subtotal

### PHYSICAL COMFORT (PC)

PC1-1	Furniture Ergonomics: Individual Workstations 1	
PC1-2	Furniture Ergonomics: Individual Workstations 2	
PC1-3	Furniture Ergonomics: Individual Workstation Chairs 1	
PC1-4	Furniture Ergonomics: Individual Workstation Chairs 2	
PC1-5	Furniture Ergonomics: User Involvement	
PC2-1	Auditory Comfort: Space Planning Principles	
PC2-2	Auditory Comfort: Technical Measures 1	
PC2-3	Auditory Comfort: Technical Measures 2	
PC2-4	Auditory Comfort: Sound Controlling Construction Methods	
PC3-1	Visual Comfort: Lighting Level Control	
PC3-2	Visual Comfort: Interior Ambient Lighting Glare Control	
PC3-3	Visual Comfort: Solar Glare Control	
PC3-4	Visual Comfort: Quality of Lighting	
PC4-1	Thermal Comfort: Thermal Comfort Measures 1	
PC4-2	Thermal comfort measures 2	
PC4-3	Thermal Comfort: Advanced Thermal Control - Ventilation Systems	
PC5-1	Olfactory Comfort: Odor Control	
PC5-2	Scents and fragrance control for people with fragrance sensitivity or chemical sensitivity 1	
PC5-3	Scents and fragrance control for people with fragrance sensitivity or chemical sensitivity 1	
PC6-1	Occupant Survey	

Subtotal

### PHYSICAL NOURISHMENT (PN)

PN1-1	Healthy Foods & Hydration: Availability of Healthy Foods 1	
PN1-2	Healthy Foods & Hydration: Availability of Healthy Foods 2	
PN1-3	Healthy Foods & Hydration: Availability of Healthy Beverages	
PN1-4	Healthy Foods & Hydration: Availability of Healthy Snacks	
PN2-1	Health-Conscious Eating Habits & Behaviors: Encouragement of Healthier Choices 1	
PN2-2	Health-Conscious Eating Habits & Behaviors: Encouragement of Healthier Choices 2	

PN2-3	Health-Conscious Eating Habits & Behaviors: Healthy Food Incentives	
PN3-1	Healthy Food Amenities: Onsite Food-Related Amenities	
PN3-2	Healthy Food Amenities: Onsite Eating Space Features	
PN3-3	Healthy Food Amenities: Healthy Food Production/ Access to Local Produce	
Subtotal		
<b>COGNITIVE WELLBEING (CW)</b>		
CW1-1	Types of Spaces: Choice of Spaces	
CW1-2	Types of Spaces: Collaborative Spaces	
CW1-3	Types of Spaces: Recharge/ Respite Spaces	
CW2-1	Flexibility & Flow of Spaces: Expandability	
CW2-2	Flexibility & Flow of Spaces: Versatility	
CW2-3	Flexibility & Flow of Spaces: Convertibility	
CW2-4	Flexibility & Flow of Spaces: Non-Hierarchical Spaces	
CW3-1	Technology & Equipment Accessibility: Easy Access	
CW3-2	Technology & Equipment Accessibility: Low-Technology	
CW3-3	Technology & Equipment Accessibility: High-Technology	
CW3-4	Technology & Equipment Accessibility: Visualization of Organizational Goals	
CW4-1	Cognitive Ergonomics: Auditory Stimulus Management	
CW4-2	Cognitive Ergonomics: Visuo-spatial working memory support in open offices 1	
CW4-3	Cognitive Ergonomics: Visuo-spatial working memory support in open offices 2	
Subtotal		
<b>SOCIAL WELLBEING (SW)</b>		
SW1-1	Social Connectivity: Available Social Spaces	
SW1-2	Social Connectivity: Visual Connectivity	
SW1-3	Social Connectivity: Core Interaction Networks	
SW1-4	Social Connectivity: Cross-Pollination Space Planning	
Subtotal		
<b>EMOTIONAL WELLBEING (EW)</b>		
EW1-1	Biophilic Design: Sensory Stimulation	
EW1-2	Biophilic Design: Views to Outdoors	
EW1-3	Biophilic Design: Circadian Lighting Support	
EW1-4	Biophilic Design: Applied Natural Elements	
EW1-5	Biophilic Design: Evolutionary Psychological Design 1	
EW1-6	Biophilic Design: Evolutionary Psychological Design 2	
EW2-1	Art & Design Elements: Incorporation of Art & Design Elements	
EW2-2	Art & Design Elements: Sensory Engagement	
EW2-3	Art & Design Elements: Relaxing Settings	
EW3-1	Personalization & Control: Display of Personal Items	
Subtotal		
<b>ENVIRONMENTAL WELLBEING (EnW)</b>		
EnW1-1	Indoor Air Quality: Removal/ Prevention of Chemicals, Pollutants, & Irritants	
EnW1-2	Indoor Air Quality: Air Filtration Systems	
EnW1-3	Indoor Air Quality: Air Quality Monitoring & Maintenance Programs	
EnW2-1	Drinking Water Quality: Water Filtration System	
EnW3-1	Chemical Control: Control for PBTs	
EnW4-1	Cleanliness & Maintenance: Cleaning Equipment & Agents	
EnW4-2	Cleanliness & Maintenance: Cleanliness & Maintenance Level	
Subtotal		
<b>TOTAL</b>		<b>0</b>